



get active.
save lives.®



**MISSION:
HOW RUTF IS MADE**

Game to Niger

Temse Remix (Laugh-letics)

In parts of Niger, the nomadic Tuareg ethnic group herd cattle and live throughout the Sahara Desert, the largest hot desert in the world. Having lived a nomadic life for nearly thousands of years, Tuaregs are talented at using stars and landmarks to find their way.

Tuaregs have several different traditional games that have been passed down from one generation to another. One popular game is Temse, a game where the objective is to make the opponent laugh. Incorporating the idea of making team members laugh, play this remix as a warm-up exercise to other games -- enjoy laugh-letics!

To play the game:

- Make students stand in two lines (each group in one line) facing one another.
- Play Simon Says, except say, “Tuaregs say!”
- Explain that when Tuaregs say anything, students must laugh or act like they are laughing.
- When Tuaregs don’t say a command, the laughter must stop.
- Have each team keep an eye on their counterparts; when a player forgets to laugh, stop laughing or follow instructions, have them sit and be out.
- The team with a smallest number of people who are out, wins.



A man and his 8-year-old son, from the Tuareg group, tend cattle.

© UNICEF/UNB121 / PIROZZI